

Dish Name	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
Lunch Buffet														
Black Bean & Butternut Squash Chilli	no	no	no	no	no	no	no	no	yes	no	no	no	no	no
Vegan Paella	no	no	no	no	no	no	no	no	yes	no	no	no	no	no
Chocolate, Coconut & Raspberry Slice	yes	no	no	no	may	no	no	may	no	no	no	yes	no	no
Roasted Sweet potato Salad	no	no	no	no	no	no	no	no	no	no	no	yes	no	no
Homemade Guacamole with Tortilla Chips	no	no	no	no	no	yes	no	no	no	no	no	no	no	no
Smoky Tomato Salsa with Tortilla Chips	no	no	no	no	no	yes	no	no	no	no	no	no	no	no
Chicken Quesadilla	yes	no	no	no	no	yes	yes	no	may	may	may	no	no	may
Jerk Fried Chicken	yes	no	yes	no	may	no	no	no	no	yes	no	yes	no	no
Roasted Sweet Corn Salsa	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
Mostrador														
Beef Fillet Skewer	yes	no	no	no	no	yes	no	no	no	no	no	no	no	no
Ginger Beer Can Chicken	no	no	no	no	no	no	no	no	yes	yes	no	yes	no	no
Vegetable Enchilada	yes	no	no	no	no	no	yes	no	yes	no	no	no	no	no
Roasted Sweet potato Salad	no	no	no	no	no	no	no	no	no	no	no	yes	no	no
Crusty Breads	yes	no	no	no	no	no	yes	no	no	no	no	no	no	no
Zesty Rice	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Cajun Cream Mushrooms	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
Calamari	yes	no	yes	no	may	yes	no	no	no	yes	no	no	no	yes
Roasted Chorizo	no	no	no	no	no	no	yes	no	no	no	no	yes	no	no
Smoky Chicken Skewers	no	no	no	no	no	no	no	no	yes	yes	no	no	no	no
Roasted Sweet Corn Salsa	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
Brownie Bites	yes	no	yes	no	no	yes	yes	no	no	no	no	no	no	no
Chocolate, Coconut & Raspberry Slice	yes	no	no	no	may	no	no	may	no	no	no	yes	no	no

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Tapas Feasting														
Vegan Paella	no	no	no	no	no	no	no	no	yes	no	no	no	no	no
Vegetable Skewers	no	no	no	no	no	no	no	no	yes	no	no	no	no	no
Crusty Breads	yes	no	no	no	no	no	yes	no	no	no	no	no	no	no
Homemade Guacamole with Tortilla Chips	no	no	no	no	no	yes	no	no	no	no	no	no	no	no
Albondigas	yes	no	no	no	no	no	yes	no	no	no	no	yes	no	no
Cajun Cream Mushrooms	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
Charred Halloumi	yes	no	no	no	no	yes	yes	no	no	no	no	no	no	no
Gambas Pil Pil	no	yes	no	yes	no	no	yes	no	no	no	no	no	no	no
Patatas Bravas	no	no	yes	no	may	yes	no	no	no	yes	no	yes	no	no
Pork Belly Skewers	no	no	no	no	no	yes	no	no	no	no	no	no	no	no

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3 Course Dining - Starters														
Beetballs	yes	no	no	no	may	yes	no	may	no	no	may	yes	no	no
Calamari	yes	no	yes	no	may	yes	no	no	no	yes	no	yes	no	yes
Chorizo and White Bean Soup	yes	no	no	no	no	no	yes	no	yes	no	no	no	no	no
Goats Cheese Mushroom	yes	no	no	no	may	no	yes	yes	no	no	no	yes	no	no
Jerk Chicken Skewer	yes	no	yes	no	may	no	no	no	no	yes	no	yes	no	no
Sharing Tapas Platter:	yes	no	yes	no	may	yes	yes	no	may	yes	may	yes	no	yes
Charred Halloumi Taco	yes	no	yes	no	may	yes	yes	no	no	yes	no	yes	no	no
Calamari	yes	no	yes	no	may	yes	no	no	no	yes	no	no	no	yes
Chicken Quesadilla	yes	no	no	no	no	yes	yes	no	may	may	may	no	no	may
Jerk Fried Chicken	yes	no	yes	no	may	no	no	no	no	yes	no	yes	no	no
Pickled Onions	no	no	no	no	no	no	no	no	no	no	no	yes	no	no
Red Chard	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Banana leaves	no	no	no	no	no	no	no	no	no	no	no	no	no	no
3 Course Dining - Mains														
Chicken Enchilada	yes	no	no	no	no	yes	yes	no	yes	no	no	no	no	no
Cuban Cheese Burger	yes	no	yes	no	may	yes	yes	no	no	yes	may	no	may	no
Paella de Cuba	yes	yes	no	yes	no	yes	yes	no	yes	no	no	yes	no	no
Black Bean & Butternut Squash Chilli	yes	no	no	no	no	no	no	no	yes	no	no	no	no	no
Sunshine Salad with Halloumi	no	no	no	no	no	no	yes	no	no	no	no	yes	no	no
Grilled Swordfish	no	may	no	yes	no	no	no	no	no	no	no	yes	no	may
Caribbean Chicken Curry	no	no	no	no	no	no	no	no	yes	yes	no	yes	no	no
3 Course Dining - Desserts														
Chocolate Brownie	yes	no	yes	no	no	yes	yes	may	no	no	no	yes	no	no
Chocolate, Coconut & Raspberry Slice	yes	no	no	no	may	no	no	may	no	no	no	yes	no	no
Mango and Passionfruit Cheesecake	yes	no	yes	no	no	no	yes	no	no	no	no	no	no	no
Pineapple Cake	yes	no	yes	no	may	no	yes	may	no	no	no	yes	no	no

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Homemade Guacamole with Tortilla Chips	no	no	no	no	no	yes	no	no	no	no	no	no	no	no
Smoky Tomato Salsa with Tortilla Chips	no	no	no	no	no	yes	no	no	no	no	no	no	no	no
Spanish Olives	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Arroz con Padron	no	no	no	no	may	no	no	yes	yes	no	no	no	no	no
Beet and Avocado Taco	yes	no	no	no	may	yes	no	may	no	no	may	yes	no	no
Beet Burrito	yes	no	no	no	may	yes	no	may	yes	no	may	yes	no	no
Beetballs	yes	no	no	no	may	yes	no	may	no	no	may	yes	no	no
Black Beans & Butternut Squash Chilli	yes	no	no	no	no	no	no	no	yes	no	no	no	no	no
Garlic Mushrooms	no	no	no	no	no	no	no	no	no	no	no	yes	no	no
Patatas Bravas	no	no	no	no	no	yes	no	no	no	no	no	yes	no	no
Ramesco Burrito Bowl	no	no	no	no	may	yes	no	yes	yes	no	no	yes	no	no
Roasted Vegetables	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Vegan Paella	no	no	no	no	no	no	no	no	yes	no	no	yes	no	no
Avocado Brunch	yes	no	no	no	no	no	no	no	no	no	no	no	no	no
Padron Peppers	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Zesty Rice	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Spiced Black Beans	no	no	no	no	no	yes	no	no	yes	no	no	no	no	no
Chocolate, Coconut & Raspberry Slice	yes	no	no	no	may	no	no	may	no	no	no	yes	no	no
Raspberry and Prosecco Sorbet	no	no	no	no	may	no	no	may	no	no	no	yes	no	no
Sauteed Tofu with Romesco	no	no	no	no	may	yes	no	yes	no	no	no	yes	no	no